

strong minds and happy hearts.

a conversation on children's mental and emotional wellness.



One in five children experiences a mental, emotional or behavioral problem. They're not just "trying to get attention." It could seriously affect their ability to learn and to be successful. Join us to learn about warning signs, how to find help, how to work with your school, what to do about substance abuse, and more. There is hope.

**Saturday
October
28**

8:30 to 11:00 am (*Light breakfast served at 8:30 am*)

Woodridge Elementary
100 Woodridge Dr., San Antonio, TX 78209
Childcare will be provided.

Registration is free
and open to all
community members.
Register today at
AHISDsmhh.eventbrite.com



QUESTIONS?
Contact Chandler Mantiply
chandler.mantiply@claritycgc.org
or call 210-593-2148.

